

## Hidden Springs

### The gift of Cistercian Women to the Church

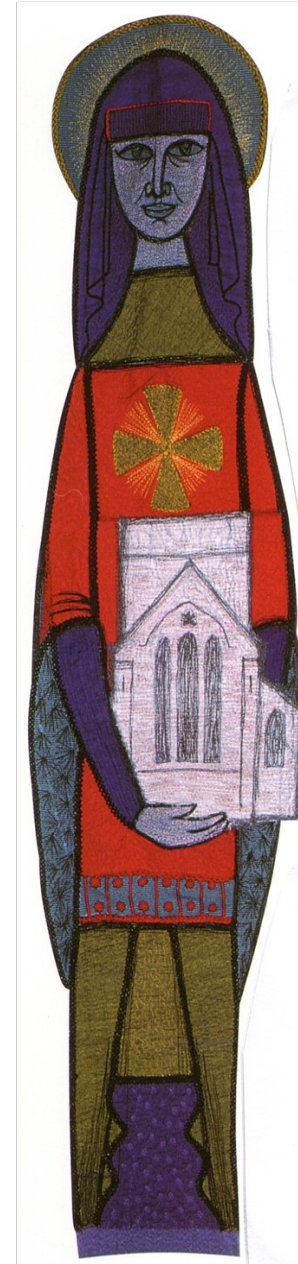
In the 12th Century, Cistercian women adopted the Benedictine Rule which transformed their life as an order and also as a community of Christians

In this lecture, Esther de Waal will seek to connect history, spirituality and how the Benedictine life can inform our own lives today.

Whether your interests are history, spirituality, how monastic communities like Romsey lived, this unique lecture is not to be missed!



*Esther de Waal is one of the country's' foremost authorities on the Benedictine life and women and monasticism. She is one of today's most celebrated spiritual writers. Seeking God, her classic book on the relevance of the Rule of Saint Benedict, has opened up the riches of the monastic tradition to readers throughout the world for almost twenty-five years. Greatly in demand as a speaker and retreat leader, she lives in Herefordshire.*



## ROMSEY ABBEY

The Parish Church of St Mary and St Ethelflaeda

### 8th Ethelflaeda Lecture

## Esther de Waal

“Hidden Springs “—

The gift of Cistercian Women to the church

**Friday 21st October**

**7.30pm**

*Free admission  
Retiring Collection*

**Supported by**

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