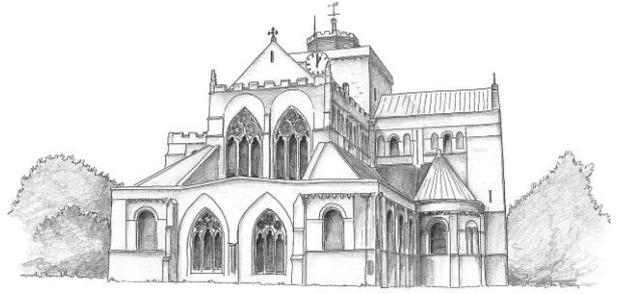


Romsey Abbey and  
St. Swithun's Crampmoor  
*Morning Prayer & Eucharist*  
*Easter Season*



## The Preparation

O Lord, open our lips  
**and our mouth shall proclaim your praise.**

In your resurrection, O Christ,  
**let heaven and earth rejoice. Alleluia.**

Blessed are you, Lord God of our salvation,  
to you be praise and glory for ever.  
As once you ransomed your people from Egypt  
and led them to freedom in the promised land,  
so now you have delivered us from the dominion of darkness and brought us into the  
kingdom of your risen Son. May we, the first fruits of your new creation,  
rejoice in this new day you have made,  
and praise you for your mighty acts.  
Blessed be God, Father, Son and Holy Spirit.  
**Blessed be God for ever.**

The night has passed, and the day lies open before us;  
let us pray with one heart and mind.

*Silence is kept.*

As we rejoice in the gift of this new day,  
so may the light of your presence, O God,  
set our hearts on fire with love for you;  
now and for ever.  
**Amen.**

## The Word of God

### The First Reading

*At end*

This is the word of the Lord  
**Thanks be to God**

### Canticle

*One of the two following canticles is said antiphonally*

The Song of Moses and Miriam

-

**In your unfailing love, O Lord,  
you lead the people whom you have redeemed.  
Alleluia.**

1 I will sing to the Lord, who has triumphed gloriously, \*  
the horse and his rider he has thrown into the sea.

2 The Lord is my strength and my song \*  
and has become my salvation.

3 This is my God whom I will praise, \*  
the God of my forebears whom I will exalt.

4 The Lord is a warrior, \*  
the Lord is his name.

5 Your right hand, O Lord, is glorious in power: \*  
your right hand, O Lord, shatters the enemy.

6 At the blast of your nostrils, the sea covered them; \*  
they sank as lead in the mighty waters.

7 In your unfailing love, O Lord, \*  
you lead the people whom you have redeemed.

8 And by your invincible strength \*  
you will guide them to your holy dwelling.

9 You will bring them in and plant them, O Lord, \*  
in the sanctuary which your hands have established.

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

**In your unfailing love, O Lord,  
you lead the people whom you have redeemed.  
Alleluia.**

*Or*

The Benedictus (The Song of Zechariah)

**The Lord is risen from the tomb  
who for our sakes hung upon the tree. Alleluia.**

1 Blessed be the Lord the God of Israel, \*  
who has come to his people and set them free.

2 He has raised up for us a mighty Saviour, \*  
born of the house of his servant David.

3 Through his holy prophets God promised of old \*  
to save us from our enemies,  
from the hands of all that hate us,

4 To show mercy to our ancestors, \*  
and to remember his holy covenant.

5 This was the oath God swore to our father Abraham:  
to set us free from the hands of our enemies,  
6 Free to worship him without fear, \*  
holy and righteous in his sight all the days of our life.  
7 And you, child, shall be called the prophet of the Most High, \*  
for you will go before the Lord to prepare his way,  
8 To give his people knowledge of salvation \*  
by the forgiveness of all their sins.  
9 In the tender compassion of our God \*  
the dawn from on high shall break upon us,  
10 To shine on those who dwell in darkness and the shadow of death, \*  
and to guide our feet into the way of peace.

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

**The Lord is risen from the tomb  
who for our sakes hung upon the tree. Alleluia.**

### **The Gospel Reading**

Alleluia, alleluia.

I am the first and the last, says the Lord, and the living one;  
I was dead, and behold I am alive for evermore.

**Alleluia**

Hear the Gospel of our Lord Jesus Christ according to *N*

**Glory to you, O Lord**

*at the end*

This is the Gospel of the Lord

**Praise to you, O Christ**

A short homily or silence to reflect on the Word of God

### **Prayers of Intercession**

*The response to the prayers:*

Jesus, Lord of Life

**In your mercy hear us**

*at the end*

Merciful Father

**Accept these prayers for the sake of your Son,  
our Saviour Jesus Christ. Amen**

### **The Collect Prayer**

## The Ministry of the Sacrament

### The Prayers of Penitence

Christ died to sin once for all, and now he lives to God.  
Let us renew our resolve to have done with all that is evil  
and confess our sins in penitence and faith. *cf Romans 6.10*

We have lived by our own strength,  
and not by the power of your resurrection.  
Lord have mercy,  
**Lord, have mercy**

We have lived by the light of our own eyes,  
as faithless and not believing.  
Christ, have mercy,  
**Christ, have mercy**

We have lived for this world alone,  
and doubted our home in heaven.  
Lord have mercy,  
**Lord, have mercy**

May the God of love and power  
Forgive you your sins, heal and strengthen you by his Spirit,  
And raise you to new life in Christ our Lord. **Amen**

### The Peace

The risen Christ came and stood among his disciples  
and said, 'Peace be with you.'  
Then were they glad when they saw the Lord. Alleluia.

The Peace of the Lord be always with you  
**And also with you**

Let us offer one another a sign of peace

### The Preparation of the Table

Risen Lord Jesus Christ,  
we believe you, and all we have heard is true.  
When you break bread may we recognize you as the fire that burns within us, that we may  
bring light to your world. **Amen.**

### The Eucharistic Prayer

The Lord be with you  
**And also with you**

Lift up your hearts  
**We lift them to the Lord**

Let us give thanks to the Lord our God  
**It is right to give thanks and praise**

It is indeed right, our duty and our joy,  
always and everywhere to give you thanks,  
almighty and eternal Father,  
and in these days of Easter  
to celebrate with joyful hearts  
the memory of your wonderful works.  
For by the mystery of his passion  
Jesus Christ, your risen Son,  
has conquered the powers of death and hell  
and restored in men and women the image of your glory.  
He has placed them once more in paradise  
and opened to them the gate of life eternal.  
And so, in the joy of this Passover,  
earth and heaven resound with gladness,  
while angels and archangels and the powers of all creation  
sing for ever the hymn of your glory.

**Holy, holy, holy Lord,  
God of power and might,  
Heaven and earth are full of your glory  
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.  
Hosanna in the Highest**

We praise and bless you, loving Father, through Jesus Christ, our Lord; and as we obey his command, send your Holy Spirit, that broken bread and wine outpoured may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends and, taking bread, he praised you. He broke the bread, gave it to them and said: "Take, eat; this is my body which is given for you: do this in remembrance of me.

When supper was ended he took the cup of wine. Again he praised you, gave it to them and said:

Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did, in him we plead with confidence his sacrifice made once for all upon the cross. Bringing before you the bread of life and cup of salvation, we proclaim his death and resurrection until he comes in glory.

Great is the mystery of faith:  
**Christ has died,  
Christ is risen,  
Christ will come again**

Lord of all life, help us to work together for that day when your kingdom comes and justice and mercy will be seen in all the earth. Look with favour on your people, gather us in your loving arms and bring us with Mary the mother of God, and all the saints to feast at your table in heaven.

Through Christ, and with Christ, and in Christ, in the unity of the Holy Spirit, all honour and glory are yours, O loving Father, for ever and ever. **Amen**

### **The Lord's Prayer**

Believing the promises of God, let us pray with confidence as our Saviour has taught us

**Our Father who art in heaven,  
hallowed be thy name,  
thy kingdom come, thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses  
as we forgive those who trespass against us.  
And lead us not into temptation  
but deliver us from evil.  
For thine is the kingdom,  
the power, and the glory  
for ever and ever.  
Amen.**

### **Breaking of the Bread**

*The president breaks the consecrated bread.*

We break this bread to share in the body of Christ.

**Though we are many, we are one body,  
because we all share in the one bread.**

**Lamb of God,  
You take away the sin of the world,  
Have mercy on us.**

**Lamb of God,  
You take away the sin of the world,  
Have mercy on us.**

**Lamb of God,  
You take away the sin of the world,  
Grant us peace.**

### **Giving of Communion**

*The president says this or another invitation to communion*

Alleluia. Christ our Passover is sacrificed for us.

**Therefore let us keep the feast. Alleluia**

## **Prayer after Communion**

*Silence is kept.*

The post communion prayer is said followed by:

**Father of all, we give you thanks and praise,  
that when we were still far off  
you met us in your son and brought us home.  
Dying and living, he declared your love, gave us grace, and opened the gate of glory.  
May we who share Christ's body live his risen life;  
we who drink his cup bring life to others;  
we whom the Spirit lights give light to the world.  
Keep us firm in the hope you have set before us,  
so we and all your children shall be free  
and the whole earth live to praise your name;  
through Christ our Lord.  
Amen.**

## **Blessing and Dismissal**

The God of peace, who brought again from the dead our Lord Jesus, that great shepherd of the sheep, make you perfect in every good work to do his will; and the blessing ...

Go in the peace of Christ. Alleluia, alleluia  
**Thanks be to God. Alleluia Alleluia**

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